



Consent to Assessment

A vital step in the McDougall House Association Application process is an assessment of the Applicant by a member of the counselling team. The McDougall House Association must have your express consent in order to conduct this assessment. The information below is meant to help you understand the reasons for the assessment, and to provide you with relevant information when making your decision on whether to agree to be assessed.

It is important to understand that a person cannot be accepted into the McDougall House program without completing the assessment stage. This means that if you do not agree to the assessment, you cannot be considered for admission into the McDougall House program.

The McDougall House Assessment Philosophy: Assessments for McDougall House are centered around understanding the Applicant's unique needs and circumstances. The assessment process involves gathering information about the Applicant as listed below:

1. history of substance use;
2. current situation;
3. physical and mental health status; and
4. any other relevant factors that may impact treatment.

The assessment will approach the Applicant with compassion and empathy, recognizing that addiction is a complex issue that often has underlying emotional, social, and environmental factors. Assessments consider the Applicant's cultural and social background and any potential barriers to treatment at McDougall House. By taking a holistic approach to assessment, the treatment team can determine the best treatment option for that person's unique needs and goals and increases the likelihood of successful outcomes. Should you as the Applicant or the assessment deem McDougall House to not be a good fit, referrals to alternate treatment options will be offered to ensure appropriate treatment and care.

Please take the time to review and understand the benefits and material risks of Assessment as explained below:

Benefits and Material Risks of Assessment

Benefits of Assessment: An assessment provides a comprehensive evaluation of an Applicant’s history with addiction, their current situation, and helps identify any underlying issues or conditions that may contribute to substance use or addiction.

Material Risks of Assessment: Some Applicant’s may feel uncomfortable or anxious during the assessment process, particularly if they are asked to disclose sensitive information about their substance use or mental health history.

Depending on the assessment results, the Applicant may be recommended for treatment that they are not ready or willing to engage in, which could cause feelings of frustration or resistance.

Benefits of Declining Assessment: An Individual who declines assessment may avoid feeling uncomfortable or anxious about disclosing sensitive information. They may also avoid being recommended for treatment that they are not willing or ready to engage in.

Material Risks of Declining Assessment: The Individual may miss out on the opportunity to identify any underlying issues or conditions that may be contributing to their substance use or addiction. If an Individual does not consent to the Assessment, they cannot be considered for admission to McDougall House.

Should you decide you do not want to attend McDougall House, there are other addictions services available in Alberta. Alternative addiction services can be found via this Government of Alberta webpage: <https://www.alberta.ca/residential-addiction-treatment-service-providers.asp>

The cost of service at McDougall House, which includes counselling, workshop programming as well as room and board, is paid for by Alberta Health. Therefore, if you are a resident of Alberta the cost of your treatment is covered. You may need some money for personal hygiene needs. All clients will pay a \$5 refundable key deposit for their room key, to be refunded upon discharge when the key is returned.

McDougall House and our employees will always respect real, potential or perceived conflict of interest. Any concerns about potential conflicts of interest can be directed to the Executive Director.

Please contact 780 426 1409 or email intake@mcdougallhouse.com with any questions about the (1) Assessment, (2) the Assessment process or (3) the benefits and material risks of assessment.

Consent to Assessment: My signature below confirms that I have reviewed and understood the (1) Assessment Philosophy, (2) the Assessment process and (3) the benefits and material risks of assessment as outlined above and would like to proceed with an assessment.

Applicant’s name

Applicant’s signature

Date